



REMEMBER: talk slowly, clearly, and with enthusiasm to ensure understanding and enjoyment.

ADDITIONAL ANNOUNCEMENTS (at beginning/end of rotation):

- IF YOU'RE CONSIDERING A BATHROOM BREAK, PLEASE USE THE RESTROOMS UP THE STAIRS ON YOUR WAY TO THE CAFETERIA.
- DON'T FORGET TO CHECK OUT THE CAFÉ! IT IS LOCATED NEAR THE MAIN ENTRANCE. JUST UP THE STAIRS AND TO THE LEFT. NO FOOD OR DRINK PERMITTED IN THE GYM.

TIMED WARM-UPS:

- COACHES AND GYMNASTS PLEASE WAIT UNTIL YOUR NAME IS CALLED, THEN YOU WILL BE GIVEN ____ MINUTES TO PRACTICE ON THE COMPETITION CARPET.
- TIMED WARM-UPS WILL NOW BEGIN FOR (say team or last names).
*****START TIMER*****
- THANK YOU GYMNASTS, YOUR TIME IS UP. PLEASE CLEAR THE FLOOR. TIMED WARM-UPS FOR (names) WILL NOW BEGIN.
*****START TIMER***** (Repeat as many times as need)
- (Last timed-warm up session) THANK YOU GYMNASTS, YOUR TIME IS UP. PLEASE CLEAR THE FLOOR AND PREPARE FOR MARCH IN.

BEFORE MARCH IN:

- **HELLO AND WELCOME TO THE 2023 MOTOWN INVITATIONAL AND MICHIGAN STATE MEET!**
- THE GYMNASTS HAVE BEEN WORKING VERY HARD AND THEY ARE EAGER TO SHOW YOU WHAT THEY CAN DO.
- **PLEASE REMEMBER, ONLY TAKE VIDEO OF THE GYMNASTS YOU HAVE PERMISSION TO AND THERE IS NO FLASH PHOTOGRAPHY. IT CAN BE DISTRACTING TO THE GYMNAST.**
- FINALLY, IF AN APPARATUS LEAVES THE COMPETITION AREA AND LANDS NEXT TO YOU, PLEASE LEAVE IT AND ALLOW THE GYMNAST TO RETRIEVE IT HERSELF.

MARCH IN/NATIONAL ANTHEM:

- ANNOUNCE TEAM NAMES PARTICIPATING IN THE ROTATION AS GYMNASTS WALK AROUND THE CARPET

*****The National Anthem will only play during the very first March in. When the gymnasts stand in the center of the carpet, stop the music and say, those who are able please stand and remove your hats for the playing of our National Anthem.*****

- **NOW LET'S BEGIN!**

ANNOUNCING GYMNASTS (LEVEL 3):

Wait for the judge to lift their hand/flag the gymnast before calling gymnast names

- **PLEASE WELCOME** (gymnast name) **TO SIDE A and** (gymnast name) **TO SIDE B! ON DECK** (gymnast FIRST names).

***Some gymnasts may not have a partner from their team and will compete by themselves. ***

ANNOUNCING GYMNASTS (level 4-10, Xcel):

Wait for the judge to lift their hand/flag the gymnast before calling gymnast names

- **PLEASE WELCOME** (gymnast name) **TO THE FLOOR! ON DECK** (gymnast FIRST name).

Some judges find it helpful for you to announce the apparatus they are using

- **THIS COMPLETES OUR** (rotation name) **COMPETITION. PLEASE FOLLOW THE SIGNS TO THE AWARDS CEREMONY IN THE CAFETERIA.**

SCRATCH

- In the case of illness or injury, a gymnast may choose to be withdrawn from the competition. These are referred to as “scratches”
- The head coach will notify the meet director, who will then tell the judges, music/announcing team, and visiting coaches.
- Immediately cross her name off the rotation in every event.
- Level 3: keep the rotation as is, but don't announce her name when her partner competes. If she was competing by herself, read the next names on the list.
- Level 9 and groups: keep the rotation as is, read the name under hers.
- LEVEL 4-8: Pay close attention to the judging panel. If the scratched gymnast was supposed to be judged by panel 1, say the next name for panel 1. Then go back up to read the name for panel 2. This will mix up your order, but it will eventually even itself out.